



Permaculture applied in the recovery  
process of people with mental illness



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## CASE STUDY DESCRIPTION

ORGANIZATION:	FUNDACION INTRAS
COUNTRY:	Spain
CASE STUDY NAME/ ID/TITLE	The trainer

### BACKGROUND INFORMATION (i.e. previous learning and challenges, situation...etc)

He knew something about Permaculture. He thought it could be useful just for little plots, but not for big ones and not for selling. He was also satisfied with the bio certificate because he believed he was doing the right things.

### REASONS FOR ATTENDING THE TRAINING

He was interested in this issue because it is connected to his experience and his work. He also wanted to learn new things

### EXPECTATIONS BEFORE THE COURSE

He thought it was just something else to learn but he did not expect that Permaculture could be a real alternative to traditional or ecological agriculture

### DID IT MEET HIS/HER EXPECTATIONS? WHY?

Yes, it overpassed his expectations. He discovered the environmental value of Permaculture and its therapeutic effects.

### OUTCOMES FROM THE TRAINING (OR CHANGES) IN THE PARTICIPANT'S LIFE (personal, familiar, etc.)

He has learnt a lot about nature and sustainability, he has discovered a new and more pleasant way of working with the participants.

### PARTICIPANT'S NEW PLANS FOR FUTURE TRIGGERED BY THE TRAINING

He will continue carrying on the activity with the participants and he also wants to enlarge the plots' land.



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